



Assisted Vaginal Birth (AVB) Workshop

Sunday, 11 October, 2026

Fernandez School of Nursing Auditorium, Stork Home, Banjara Hills, Hyderabad.

Faculty

1. Dr Shanti Sri Asuri, Consultant Obstetrician, Fernandez Hospital
2. Dr Swapna, Consultant Obstetrician, Fernandez Hospital
3. Dr Lakshmi Shailaja P, Consultant Obstetrician, Fernandez Hospital
4. Dr Anitha D, Consultant Obstetrician, Fernandez Hospital
5. Ms. Siji J. (Midwife)
6. Ms. Shyamala (Nurse)

Programme Schedule

08.30 – 09.00 hrs.	Registration
09.00 – 09.10 hrs	Introduction / Statement of Objectives – Dr Shanti Sri
09.10 – 09.40 hrs	Indications / Contraindications – Dr Anitha D Classification – D Swapna
09.40 – 09.50 hrs	Perineum massage in the antenatal period and perineal support in an AVB – Ms. Siji J. (Midwife) / Ms. Shyamala (Nurse)
09.50 – 10.20 hrs	The Art of Forceps – Dr Swapna
10.20 – 10.40 hrs	Question Time
10.40 – 11.00 hrs	TEA/COFFEE BREAK
11.00 – 11.30 hrs	Ventouse – Dr Lakshmi Sailaja P.
11.30 – 11.45 hrs	Special Situations: Caesarean Section / Odon Device / Manual Rotation – Dr Anitha D
11.45 – 12.00 hrs	Special Situations: Sequential instruments, Trial of Forceps, After coming Head – Dr Anitha D
12.00 – 12.30 hrs	Complications / Cord ABG / Medico-legal Issues – Dr Shanti Sri
12.30 – 13.30 hrs	LUNCH
13.30 – 15.30 hrs	Hands-on mannequin – Dr Shanti Sri, Dr Swapna, Dr Lakshmi Sailaja P., Dr Anitha D
15.30 hrs – 15.45 hrs	TEA/COFFEE BREAK
15.45 hrs – 16.45 hrs	Hands-on Mannequin – Dr Shanti Sri, Dr Swapna, Dr Lakshmi Sailaja P., Dr Anitha D
16.45 hrs – 17.00 hrs	Interaction / Concluding Remarks / Certificates