

IPA NATIONAL CONFERENCE 2026

Telangana Chapter

DIABETIC FOOT 360°

From Risk to Recurrence-Free Living: Redefining Diabetic Foot Care

Day 2, 30th August 2026

KEY TIMETABLE AND SESSION ROUNDS

DAY 2 — Healing the Difficult Wound and Keeping It Healed

Concise programme document for brochure design, faculty communication and stage coordination. Expanded discussion prompts are provided in the separate Day 2 Detailed Discussion Guide.

Day 2 Master Timetable

Time	Programme	Focus
9:00–9:50 am	Session 5: The Non-Healing Diabetic Foot Ulcer	Why Is the Wound Stuck?
9:50–10:40 am	Session 6: Beyond “No-Option” CLTI	Pushing the Limits of Limb Salvage
10:40–11:00 am	Keynote: Patient Voice	What Patients Wish Doctors Knew
11:00–11:20 am	Tea Break	
11:20 am–12:20 pm	Session 7: The Wound Has Healed	Now What?
12:20–1:00 pm	Session 8: The Ulcer Is Back	Understanding and Preventing Recurrence
1:00–1:40 pm	Lunch Break	
1:40–3:40 pm	Main Hall Workshop 2	From Wound to Walking: Practical Limb-Salvage Masterclass
3:40–4:20 pm	Technology That Keeps the Foot Healed	Smart monitoring, footwear and digital follow-up
4:20–5:20 pm	The Resilient Doctor	Ethics, Wellbeing, Protection and Financial Security
5:20–6:00 pm	Closing Session and IPA Vision 2030	The Roadmap Towards an Amputation-Free India



9:00–9:50 am

SESSION 5 — THE NON-HEALING DIABETIC FOOT ULCER

Why Is the Wound Stuck?

Time	Segment	Core focus	Speakers
9:00–9:04	Opening case	An ulcer remains open despite weeks of treatment.	
9:04–9:16	Round 1: Non-Healing Wound Work-Up	Reconfirm diagnosis and identify every barrier to healing.	Dr.Pradeep Rao – Plastic Surgeon
9:16–9:28	Round 2: Advanced Therapies for Non-Healing Wounds	Choose treatment according to wound biology and prerequisites.	Dr. Nirupan Chakravarti – General Surgeon
9:28–9:40	Round 3: Advanced Monitoring for Non-Healing Wounds	Measure perfusion, pressure and wound trajectory objectively.	Dr.Pradeep Rao – Plastic Surgeon
9:40–9:48	Round 4: The Wound Therapy Auction	Defend the best-value treatment plan within a fixed budget.	Dr. Nirupan Chakravarti – General Surgeon
9:48–9:50	Rescue prescription	Reassess–Correct–Select–Measure–Stop or Escalate.	Dr.Pradeep Rao – Plastic Surgeon

Session 5 pathway: CONFIRM FIND THE BARRIER CORRECT THE CAUSE SELECT THERAPY MEASURE RESPONSE



9:50–10:40 am

SESSION 6 — BEYOND “NO-OPTION” CLTI

Pushing the Limits of Limb Salvage

Time	Segment	Core focus	Speakers
9:50–9:54	Opening case	A limb labelled “no option” after failed or incomplete revascularisation.	
9:54–10:05	Round 1: When Do You Call It No-Option CLTI?	Define true no-option disease and avoid premature labelling.	Dr. Rahul Jindal – Vascular Surgeon
10:05–10:16	Round 2: Have We Really Exhausted Revascularisation?	Re-read the imaging and revisit access, target and bypass options.	Dr. KVNN Santosh Murthy Wound Surgeon
10:16–10:28	Round 3: Pushing the Boundary	Distal/pedal techniques, hybrid solutions and deep venous arterialisation.	
10:28–10:38	Round 4: When Revascularisation Is Still Not Possible	Tissue preservation, pain control, shared decisions and appropriate amputation.	Dr. Rahul Jindal – Vascular Surgeon
10:38–10:40	Take-home checklist	Confirm–Image–Re-review–Attempt–Protect–Reassess goals.	Dr. Gnaneshwar Atturu - Vascular Surgeon

Session 6 principle: “NO OPTION” SHOULD BE A MULTIDISCIPLINARY CONCLUSION, NOT A FIRST IMPRESSION



11:20 am–12:20 pm

SESSION 7 — THE WOUND HAS HEALED

Now What?

Time	Segment	Core focus	Speakers
11:20–11:25	Opening case	The skin is closed, but the foot remains biologically vulnerable.	
11:25–11:37	Round 1: Is the Wound Truly Healed?	Confirm durable closure and identify residual risk.	Dr. Reginald Lam Plastic Surgeon
11:37–11:50	Round 2: From Offloading to Safe Loading	Staged weight-bearing, gait rehabilitation and return to activity.	Dr. Hrishikesh Korada Foot biomechanics specialist
11:50–12:03	Round 3: The Footwear and Deformity Prescription	Redistribute pressure and correct persistent mechanical causes.	Dr. Rajashekar Vuyyuru Foot Surgeon
12:03–12:15	Round 4: The Foot in Remission Passport	Surveillance, home monitoring, education and rapid re-entry to care.	Dr. Sainath Reddy Orthopedic Surgeon
12:15–12:20	Recurrence-free prescription	Protect–Load gradually–Measure pressure–Review for life.	Dr. Rajashekar Vuyyuru Foot Surgeon

The healed diabetic foot is in remission, not cured.



12:20–1:00 pm

SESSION 8 — THE ULCER IS BACK

Understanding and Preventing Recurrence

Time	Segment	Core focus	
12:20–12:24	Opening case	A healed patient returns with an ulcer at the same or a new pressure point.	
12:24–12:33	Round 1: What Failed?	Root-cause audit of pressure, perfusion, footwear, deformity and adherence.	Dr. Pradyusha Mukund – Dermatologist
12:33–12:42	Round 2: Reassess from Zero	Repeat the complete ulcer, vascular, infection and biomechanical work-up.	Dr. K.K. Arora – Plastic Surgeon
12:42–12:51	Round 3: Correct the Cause, Not Just Close Again	Revascularisation, surgical offloading, footwear and rehabilitation.	Dr. Vishak Verma – Plastic Surgeon
12:51–12:58	Round 4: The Recurrence Prevention Contract	Shared responsibilities, monitoring triggers and scheduled review.	Dr. KVNN Santosh Murthy Wound Surgeon
12:58–1:00	Case closure	A personalised Recurrence-Free Living Prescription.	Dr. Vishak Verma – Plastic Surgeon

Session 8 pathway: AUDIT FAILURE REASSESS CORRECT PROTECT MONITOR



1:40–6:00 pm

AFTERNOON PROGRAMME- Workshops

*Practical limb salvage, technology, doctor resilience and
IPA Vision 2030*

Time	Segment	Core focus	
1:40–1:50 pm	Workshop introduction	Faculty demonstration, grouping, safety and skills checklist	
1:50–2:10 pm	Station 1: Measure, Debride and Sample	Wound documentation, sharp debridement and tissue sampling.	Dr. APS Suri – Podiatric Surgeon
2:10–2:30 pm	Station 2: Prepare and Dress	Wound-bed preparation and rational dressing selection.	Dr. Reginald Lam – Plastic Surgeon
2:30–2:50 pm	Station 3: Advanced Wound Modalities	NPWT, instillation, dermal substitutes, grafts and reconstruction.	Dr. KVNN Santosh Murthy – Wound Surgeons
2:50–3:10 pm	Station 4: Offload the Active Ulcer	Casting, walkers, felt, footwear modification and adherence.	Dr. Hrishikesh Biomechanics specialist
3:10–3:30 pm	Station 5: From Closure to Walking	Staged loading, gait, footwear, insoles and recurrence prevention.	Dr. Arun Maiya Biomechanics specialist
3:30–3:40 pm	Workshop integration	The Wound-to-Walking Prescription.	Dr. Sainath Reddy Orthopedic Surgeon
3:40–4:20 pm	Technology That Keeps the Foot Healed	Smart footwear, temperature/pressure monitoring, digital follow-up and AI.	Dr. Imtiaz Ali eeneral Physician
4:20–5:20 pm	The Resilient Doctor	Ethics, doctor wellness, indemnity and financial resilience.	Dr. Ashok ,Ophthalmologist IMA secretary Dr. Vasu Dev: General Physician Dr. K Naga Mohan Rao- General Physician
5:20–6:00 pm	Closing Session and IPA Vision 2030	Take-home messages and the roadmap towards an Amputation-Free India.	Dr. APS Suri Dr. KVNN Santosh Murthy Dr. Reginald Lam

Day 2 clinical journey: Non-healing wound Apparently no-option limb Healed foot Recurrent ulcer Recurrence-free living

