KIMS HOSPITALS

HAC 2026

2ND EDITION HYDERABAD ARTHROSCOPY CONCLAVE

ADVANCING EXCELLENCE IN MOTION

BIGGER. BETTER. BOLDER.

19 & 20 December 2026
Park Hyatt, Hyderabad



hyderabadarthroscopyconclave.com

WELCOME MESSAGE

Dear Delegates,

It gives us immense pleasure to welcome you to **Hyderabad Arthroscopy Conclave 2026**, returning this year **bigger and better** with renewed energy, enhanced academic content, and a stronger commitment to advancing arthroscopy and sports medicine.

HAC has always been envisioned as a platform where learning meets experience, and where young surgeons, practicing orthopaedic specialists, faculty, and thought leaders come together to exchange knowledge, refine techniques, and explore the latest developments in arthroscopy.

The 2026 edition promises an enriching scientific programme featuring expert talks, interactive discussions, case-based learning, technical insights, and practical pearls from eminent national and international faculty. Our aim is to create an academic environment that encourages meaningful dialogue, clinical excellence, and collaborative growth.

Hyderabad, known for its warmth, culture, and hospitality, provides the perfect setting for this conclave. We are confident that your participation will make HAC 2026 a memorable and impactful academic experience.

On behalf of the organising team, we warmly welcome you to **Hyderabad Arthroscopy Conclave 2026.** We look forward to hosting you and sharing an inspiring journey of learning, innovation, and professional fellowship.



Dr. R A Purnachandra Tejaswi
Organising Chairman
HAC 2026



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DAY 1 | TENTATIVE PROGRAM

19 DECEMBER 2026 | PARK HYATT, HYDERABAD

ACL AND BEYOND

8:00-8:40 AM	**RE-LIVE SURGERY 01 | ACL Reconstruction + LET**
8:40-9:20 AM	**RE-LIVE SURGERY 02 | Meniscus Root/Ramp Repair + ACL Reconstruction with Synthetic Graft (LARS)**
9:20-9:28 AM	"ACL Graft Wars": Is CQT the New King, and When Does CQT Beat Hamstrings?
9:28-9:36 AM	Beyond the ACL: Do We Need More?
9:36-9:44 AM	Supercharging the ACL: Role of Biologic Augmenttation and Synthetic Grafts?
9:44-10:04 AM	**PANAL DISCUSSION | The Alignment Factor: A Game Changer in Primary and Revision ACL Reconstrction**
	Case- Based discussion

CARTILAGE, ALIGNMENT AND MENISCUS

10:05-10:50 AM	**RE-LIVE SURGERY 03 | HOT + Root Repair**
10:50-11:15 AM	**RE-LIVE SURGERY 04 | OATS**
11:15-11:23 AM	Getting the Angles Right:A Step-by-Step Algorithm for Knee Osteotomy Planning
11:24-11:32 AM	Beyond Meniscectomy: Restoring the Hoop in Segmental Meniscal Deficiency?
11:33-11:41 AM	Beyond the Primary Procedure: Managing Unexpected Osteochondral Injuries in the Operating Room
11:42-12:02 PM	**PANAL DISCUSSION | The Meniscus Clock: When to Repair, When to Resct, and When is it Too Late?**
12:02-1:00 PM	**RE-LIVE SURGERY 05 | Dual-Level Osteotomy**
1:10-1:45 PM	**LUNCH BREAK**

CARTILAGE, ALIGNMENT AND MENISCUS

1:45-2:30 PM	**RE-LIVE SURGERY 06 | Bankart Repair with Knotless Tensionable Anchors and Remplissage**
2:30-3:15 PM	**RE-LIVE SURGERY 04 | Open Latarjet**
3:15-3:23 PM	Understanding Anterior Shoulder Instability: Newer Concepts and Outcomes
3:23-3:31 PM	Fix the Bones or Tighten the Tissue? The Bony Bankart Dilemma
3:31-3:40 PM	Posterior Instability Demystified: What's New and What Actually Helps?
3:40-4:00 PM	**PANAL DISCUSSION | Decoding the Unstable Shoulder**
4:00-4:30 PM	**INAUGURATION**
4:30-5:00 PM	**Behind the Fame, Beyond the Injury: An Evening with Two Surprise Icons**
5:00-5:45 PM	**RE-LIVE SURGERY 08 | Arthroscopic Bone Block Procedure with Cerclage Technique**
5:45-6:30 PM	**RE-LIVE SURGERY 09 | Spinoglenoid Cyst Decompression / Posterior Labral Repair**
6:30-7:30 PM	**Knee & Shoulder Saw Bone Hands-On Workshop**

DAY 2 | TENTATIVE PROGRAM

20 DECEMBER 2026 | PARK HYATT, HYDERABAD

MORNING WORKSHOP & ROTATOR CUFF

7:00-8:00 AM	**Sunrise Breakfast Workshop** Fresh Coffee, Fresh Perspective. Expert Insights!
8:00-8:45 AM	**RE-LIVE SURGERY 10 | Reverse Shoulder Arthroplasty (RSA): Zimmer**
8:45-9:30 AM	**RE-LIVE SURGERY 11 | Arthroscopic Supraspinatus and Subscapularis Repair with REGENETEN Patch Augmentaton**
9:30-9:38 AM	Is Rotator Cuff Repair Technique Important? Planning Beyond Suture Patterns
9:39-9:47 AM	Partial Rotator Cuff Tears, Full Dilemma: Rethinking When to Repair, When to Wait and When to Rehabilitate
9:48-9:56 AM	Friend or Foe? The Long Head of the Biceps in Rotator Cuff Disease
9:57-10:04 AM	Patching the Irreparable: Synthetic vs. Natural Augmentation in Massive Rotator Cuff Tears
10:05-10:13 AM	Suprascapular Nerve Entrapment: Aetiology and Management Principles
10:15-11:00 AM	**RE-LIVE SURGERY 12 | Arthroscopic Rotator Cuff Repair with Synthetic Patch Argumentation**
11:00-11:45 AM	**RE-LIVE SURGERY 13 | RSA: Arthrex VIP**

ELBOW / SHOULDER DISCUSSIONS

11:00-11:20 AM	**PANAL DISCUSSION | Elbow**
11:20-11:28 AM	The Elbow That Won't Stay: A Planned Approach to Elbow Instability Repair and Outcome Management
11:28-11:36 AM	Precision Before the Incision:X-rays, CT or Software? Rethinking RSA Planning
11:37-11:45 AM	Borrowing Muscle, Restoring Motion: Tendon Transfers in Cuff Disease - Choosing the Right Patient and Transfer
11:45-12:30 PM	**RE-LIVE SURGERY 14 | Arthroscopic-Assisted Lower Trapezius Tran sfer for Massive Rotator Cuff Tear**
12:30-1:15 PM	**RE-LIVE SURGERY 15 | Elbow Arthroscopy**
1:15-1:45 PM	**Lunch Break**
1:45-1:55 PM	One Knee, Many Variables: Can We Crack the Patellofemoral Instability Algorithm?
1:55-2:55 PM	**RE-LIVE SURGERY 16 | MPFL Reconstruction + Trochleoplasty**

PCL AND MULTILIGAMENT INJURIES

2:55-3:08 PM	MLKI Fixation Face-Off: The Right Sequence for the Best Outcomes
3:10-3:55 PM	**RE-LIVE SURGERY 17 | PCL Reconstrution**
3:55-4:45 PM	**RE-LIVE SURGERY 18 | Multiligament Reconstruction**
4:45-5:05 PM	**PANAL DISCUSSION | Pattellofemoral Instability and Multiligament Reconstruction**
5:05-5:13 PM	Second Time Right: The Art of Revision ACL Reconstruction
5:13-5:21 PM	Still Knee After ACL Reconstruction: Break the Cycle - A Practical Algorithm for Arthrofibrosis
5:22-5:30 PM	Dilated Tunnels in Revision ACL Reconstruction: How to Manage Them?
5:30-6:15 PM	**RE-LIVE SURGERY 19 | Revision ACL Reconstruction**
6:15 PM	**Vote of Thanks**

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