

Hyderabad Ophthalmologists' Association- Glaucoma Conclave 2026

Beyond IOP: A Comprehensive Approach to Glaucoma Management

While intraocular pressure remains the cornerstone of glaucoma management, optimal patient outcomes depend on much more than pressure reduction alone. Accurate diagnosis, interpretation of structural and functional changes, recognition of disease progression, and timely treatment decisions are all critical to preserving vision.

This glaucoma conclave is designed to provide practical insights into contemporary glaucoma care. Through expert lectures, interactive case discussions, and surgical perspectives, the program will explore progression analysis, medical management, trabeculectomy, MIGS, and the management of challenging real-world scenarios.

Structured to move from diagnostic fundamentals to therapeutic and surgical decision-making, the agenda aims to bridge clinical evidence with everyday practice and promote a more comprehensive, patient-centric approach to glaucoma management

Date: 6 September, 2026

Venue: Taj Krishna, Hyderabad

Scientific Program

Time	Session	Faculty / Format
8:30 – 9:30 AM	Registration & Breakfast	
9:30 – 9:40 AM	Welcome & Program Overview	Dr. Manoj Mathur
9:40 – 11:40 AM	Session 1: Glaucoma Diagnosis Fundamentals – What Every Clinician Should Know	
9:40 – 10:10 AM	Clinical Evaluation of a Glaucoma Patient (IOP, Optic disc assessment, gonioscopy, CCT and history taking)	Speaker: Dr Pratinya Moderator: Dr Superna 25 min talk + 5 min discussion
10:10 – 10:40 AM	Structural Assessment in Glaucoma (OCT RNFL/GCC interpretation, common artifacts and limitations)	Speaker: Dr. Siddharth Dikshit Moderator: Dr Meena Thotakura

		25 min talk + 5 min discussion
10:40 – 11:10 AM	Functional Assessment: Humphrey Visual Field Basics Reliability indices, common glaucomatous defects, fluctuation vs progression	Speaker: Dr Lipi Chakraborty Moderator: Dr Supriya Chinta 25 min talk + 5 min discussion
11:10 – 11:40 AM	My most memorable Glaucoma patient (Faculty to share one memorable glaucoma patient and the clinical lesson that changed their approach to practice)	Speaker: Dr. Shweta Tripathi Moderator: Dr Aziza Yasmeen 25 min talk + 5 min discussion
11:40 AM – 12:10 PM	From Observation to Evidence: Research Opportunities in Glaucoma Practice Identify clinically relevant research opportunities arising from gaps in glaucoma diagnosis, progression assessment, treatment adherence, and patient outcomes	Dr. Sirisha Senthil Mentor-led interactive session with inputs from 2-3 glaucoma specialists actively involved in clinical research; 25 min presentation + 5 min discussion
12:10 – 3:40 PM	Session II: Medical Management – Optimising Outcomes	
12:10 – 12:40 PM	Getting the Basics of Medical Management of Glaucoma Right (Treatment algorithms, target IOP and drug selection)	Speaker: Dr Manoj Mathur Moderator: Dr Anitha Kamarthi 25 min talk + 5 min discussion
12:40 – 1:10 PM	Ocular Perfusion Pressure & Glaucoma Progression	Speaker: Dr Pasyanthi Moderator: Dr Ramyashri Shastry 25 min talk + 5 min discussion
1:10 – 1:40 PM	Preservative-Free Therapy in Long-Term Glaucoma Care	Speaker: Dr. Shikha Fogla Moderator: Dr Lipi Chakraborty 25 min talk + 5 min discussion
1:40 – 3:40 PM	Panel Discussion: Therapeutic Dilemmas in Glaucoma practice	1 Speaker per case

	NTG progressing despite low IOP	Chairpersons: Dr Sirisha Senthil Panellists: 4 Each case: 25 min presentation + 5 min discussion Dr. Ramyashri Shastry Dr. Pranathi Dr. Nirupama Dr. Anita Kamarthi
	Non-compliant patient: practical management strategies	
	Controlled IOP but worsening OCT/field	
	Steroid responders-balancing inflammation control and optic nerve protection	
3:40 – 4:40 PM	Group Photograph and Lunch	
4:40 – 6:10 PM	Session III: Surgical Decision-Making in Glaucoma	
4:40 – 5:10 PM	Trabeculectomy: Indications and Practical Considerations (When to choose trabeculectomy, pre-operative assessment, post-operative care and complications)	Speaker: Dr Hussain Naqvi Moderator: Dr Pranathi Avva 25 min talk + 5 min discussion
5:10 – 5:40 PM	MIGS: Current Role and Patient Selection (Where MIGS fits, limitations and comparison with conventional surgery)	Speaker: Dr Vanita Pathak Moderator: Dr Shweta Tripathi 25 min talk + 5 min discussion
5:40 – 6:20 PM	Abexterno 360-degree trabeculotomy	Speaker: Dr AK Mandal Moderator: Dr Hussain Naqvi 30 min talk + 10 min discussion
6:20 – 6:30 PM	Closing Remarks	Dr. Manoj Mathur