

MEND 2026 CONFERENCE — SCIENTIFIC PROGRAM SCHEDULE					
25th October 2026					
Venue - Marigold Hotel					
Diabetes, Metabolic Disorders — Full-Day Program					
Start Time	End Time	Session Track	Event / Topic Title	Speaker	Chairpersons
8:30 AM	9.00am	Opening Session	Registration & Opening Remarks		
9:00 AM	9.30AM	GDM & Metabolic Disorders	Gestational Diabetes Mellitus (GDM): Screening, Diagnostic Criteria & Risks	DR MN Shyam Sundar	DR Vani Shree, DR Shrisha
9:30 AM	10.00AM	Nephrology & Complications	Diabetic Kidney Disease: From Microalbuminuria to End-Stage Renal Disease	DR Udai Lal	DR GJD Rao, DR Aslam Abbas
10:00 AM	10.30 AM	Diabetic and MASLD	MASLD/MASH: The Liver as a Target in Type 2 Diabetes	Dr. Mohsin Aslam	DR P Bhaskar Rao, DR Sara Mathew
10.30 AM	11.00AM	Pancreatitis & Lipids	Hypertriglyceridemia-Induced Pancreatitis in Diabetic Patients	DR Divya Ranjani	DR Venkat Nayak, DR Umer
11.00AM	11.30AM		Newer Modalities of Management in Obese Type 2 Diabetes Mellitus	Dr Sanjay Paul	DR Shahid Ansari , Dr. Chinta Krishna Chaitanya , DR Zaki Ahmed
11.30am	12.00pm		Pharmacotherapy in Pregnant Diabetics: Safety Profiles	Dr. Hari Kishan Boorugu	DR Majid Hussain, DR Md Yusuf Shareef, DR Mohammed Sabiullah,Dr.Abdul Aziz
12.00pm	12.30PM		Muscle as an Endocrine Organ: Prescribing Physical Activity for Metabolic Reversal	DR. J Sreekanth	DR Venkat Nayak, DR Md Zeeshan Tanveer , DR Yousuf Shareef
12.30PM	1pm	Neuro-Metabolic Interplay	Neuro-Metabolic Interplay: Central Nervous System Control of Appetite and Glucose	DR Manvitha Reddy	DR Mahendra Nath, DR Indrasen Reddy
1.00pm	1.30pm	Keynote Address 1	KEYNOTE LECTURE 1: The Next Horizon in Metabolic Medicine: Targeting Incretins and Beyond	Dr. Rakesh Sahay	Dr. Kiranmayi, Dr Riyaz Mohammed
1.20PM	02.00pm		Inauguration		
02.00pm	2.30PM		LUNCH		
2.30PM	3.00PM	Obesity and Diabetes	Obesity-Induced Adiposopathy and Systemic Metabolic Inflammation	DR Naval Chandra	DR Shazia Afreen, DR Chandra Shekhar
3.00PM	3.30PM	MEND Oration	Sarcopenic Obesity and Its Impact on Insulin Resistance	Dr. P RaghuRamulu	DR Wahab Zubair, DR Sashidhar reddy
3.30PM	4.00PM	Obesity and Diabetes	Uric Acid, Gout, and Cardio-Metabolic Syndrome Interplay	DR Ratan Jha	DR Ahrar Ahmed Faroz, DR Naresh Gaud
4.00PM	4.45PM	Keynote Address 1	The Paradigm Shift in Diabetes Pharmacology	DR D C Thirupathi Rao	DR Sanjay Kalbandey, DR Sanjay Paul
4.45PM	5.10PM	Pharmaco Therapy in Diabetes	Pharmacotherapy in Pregnant Diabetics: Safety Profiles	Dr. Hari Kishan Boorugu	DR Majid Hussain, DR Md Yusuf Shareef
5.10PM	5.30PM	Newer Insulin Icodec and GLPRA	The Once-Weekly Insulin Revolution: Practical Management with Insulin Icodec	DR Lily Rodrigues	DR Setharam B, DR C Madhu
5.45PM	6.00PM	Nutrition & Fasting	Low-Carbohydrate vs. Plant-Based Diets in Glycemic Management	DR AtahUllah	DR Chinta Krishna Chaitanya, Dr Prathyusha
06.00PM	06.30PM	Nutrition & Fasting	Time-Restricted Eating and Intermittent Fasting in T2DM Remission	DR Rakesh Dhira	DR Jagdish Singh, DR Harinath
06.30PM	07.00PM	Clinical Guidelines	2026 ACC/ AHA / ADA Lipid Guidelines	DR Papa Rao	DR Vinod Kumar, DR Pradnya Kamble
07.00PM	07.30pm	Awards & Valedictory	Awards & Valedictory		
07.30PM			Dinner		